

REQUEST FOR REINSTATEMENT	
SPRING	
FALL	
Year	
This form is to be submitted by students with an <b>Academic</b> and status who have not attended AVC for <b>one</b> or more semesters a	•
Reinstated students with an Academic and/or Progress Dismissa "Continued on Probation Status." If the student on a "Continued grades of "C" or better and no entries of "W," "I," and "NP," the remain. A student on a continued status will be allowed to enro Student Educational Plan for the following term; however, units a counseling appointment is required every semester until a mir of 2.00 and a minimum of 51% completion rate is achieved.	d on Probation Status" earns e continued status will Il in classes listed on the will be limited. Additionally,
In the event that the above academic/progress criteria is not ac dismissed from Antelope Valley College for one consecutive sem be permitted to submit a request for reinstatement.	
If approved all students must attend a mandatory reinstatemen	t workshop by July 29, 2019.
Name:	
Address:	
Phone:	
AVC Email Address:@;	avc.edu
Student ID # 900 Current 0	GPA:
Answers to the following questions are to be submitted on a ser	parate piece of paper:

- 1. What actions and changes have you made to address the problems that hampered your progress in school?
- 2. Upon your return, what resources do you plan to utilize for the upcoming semester to ensure your academic success?

## **SEE OTHER SIDE**

What has made academic success difficult for you in the past? Indicate all that are appropriate.

Below are several categories of items that may influence your academic and personal success. Please read each item and consider it carefully. Check all the items that apply to you.

I. Factors that have a negative influence on my educational perforn	nance at AVC:
I am not sure why I am in college	Transportation
Conflict with professors	Legal issues
I haven't connected with classmates or faculty	Little interest in subject matter
I am unsure as to how college fits my long-term goals	Anxiety
I am in college only because I was expected to enroll	Unaware of support services
I have too little time to prepare for exams	Driven by external expectations rather than internal motivation
Lack of concentration	Low motivation
Too many classes	Not prepared for college
Too much time on the computer	I didn't make use of tutorial services
I am not sure I want to be in college	My reading/writing skills need improvement
Disability	I quit attending class and never dropped the course
Lack of stress control in my life Other	The classes I took were just too difficult all around
II. Personal issues that are affecting my academics: Drug and/or alcohol useFamily pressures/problemsWork too many hoursPoor health (mineothers close to me)	III. Areas where I need to improve to achieve success: Discover what is important to learn in my classes Complete reading assignments in a thorough, timely manner Set goals & deadlines for myself Employ time mgmt. strategies to maximize my studying
Financial problems	Communicate with facultyLearn skills for advocating for myself and my academic progress
Distracted by friends or other outside factors	Seek assistance when problems arise
Too many commitments (jobs, friends, athletics, family obligations, etc.)	Complete class assignments
Relationship issues	Come to class meetings or online discussions and be prepared
Lack of confidence in my academic abilities	Take notes that will enhance my studying
I have trouble concentrating in classTrouble re-prioritizing my commitments to get to studies	Use planner to organize my time Find a quiet place to study
Good intentions but poor follow-through	Thid a quiet place to study Think about success instead of failure while learning or test taking
Procrastination	Other
Learning disability	
Other	
IV. Areas that may help me bring out my best performance:	V. Services that I have used:
Lighten my course load Set aside regular periods to study	Office for Students with Disabilities  Math Lab
Learning how to prepare for exams/Learn how to studyBetter time management	Writing CenterTutoring
Setting up a quiet study area with all study tools	Classmates to work with when I need study partners
Choose courses in which I have needed background	My professors whenever I need personalized attention
Reconsider my choice of major/career	A counselor regarding my test-taking or other anxieties
Work with a tutor	Library staff for research for a class
Regular communication with my faculty	Other
Other	
Your responses to the above questions, along with your academic hi for the semester you specified above. All readmissions are condition follow the Matriculation Committee's Academic Standards Sub-Coragree with the above conditions and that you have submitted true an	nal and if you are permitted to return to AVC you will agree to mmittee recommendations. Please sign below indicating that you
Signature	Date